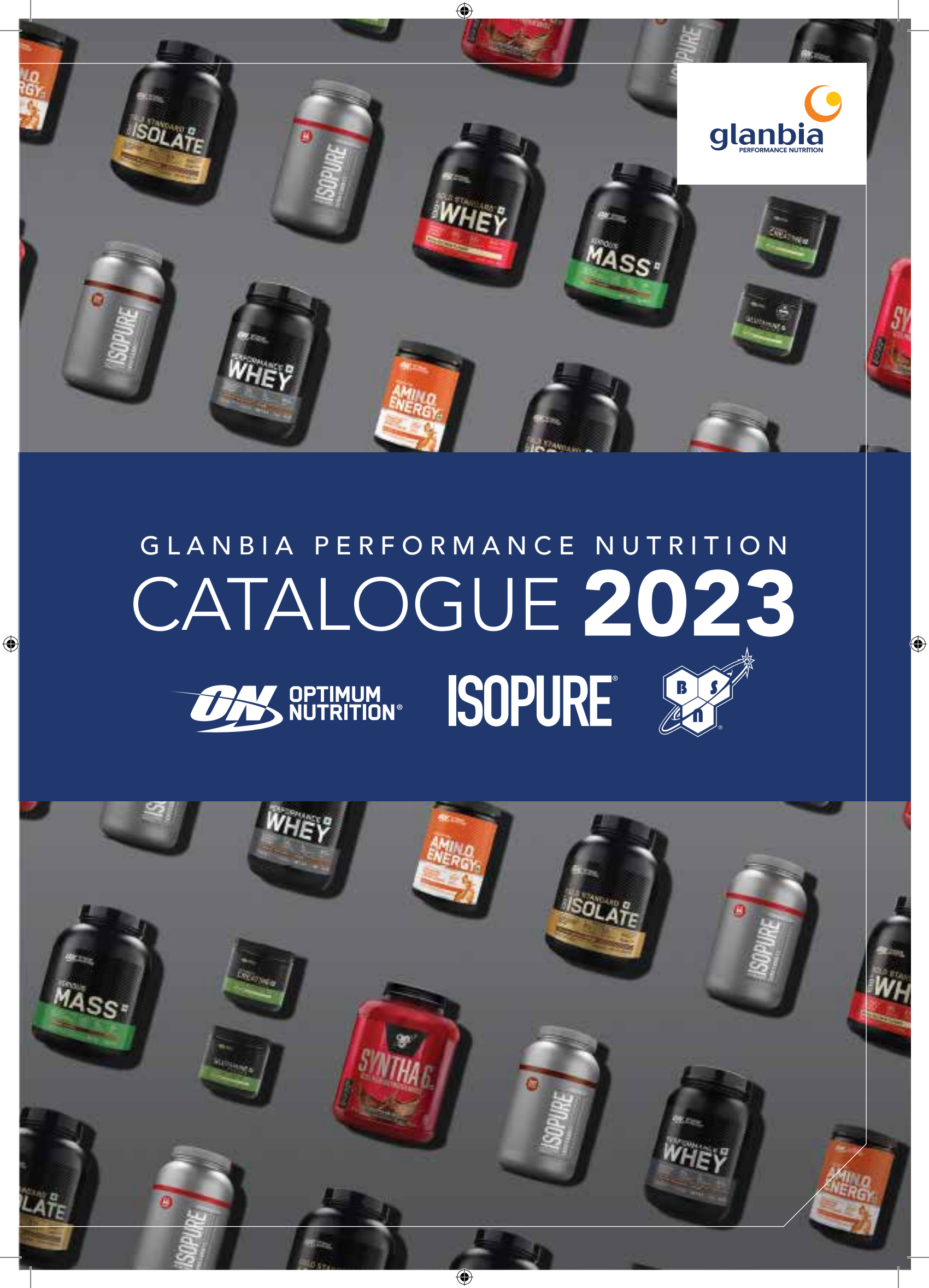




GLANBIA PERFORMANCE NUTRITION CATALOGUE 2023



ISOPURE®

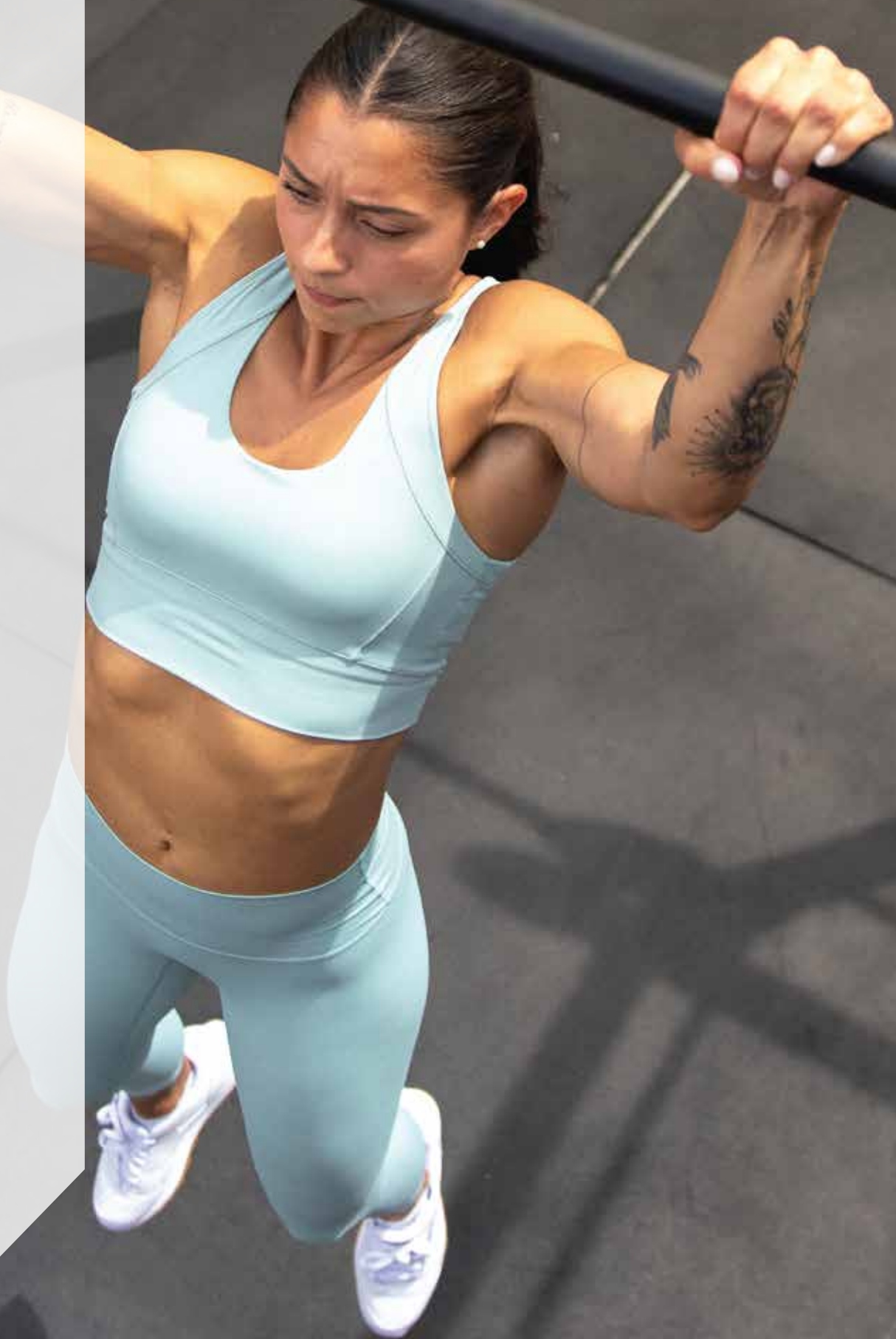


**WORLD'S
#1 SPORTS
PROTEIN
POWDER
BRAND**



**OPTIMUM
NUTRITION®**

S



GOLD STANDARD™ 100% WHEY

POST-WORKOUT MUSCLE SUPPORT & RECOVERY

- The "GOLD STANDARD" for protein quality
- Primary ingredient: Whey Protein Isolate (WPI)
- Informed Choice Certified, Banned Substance Tested
- 100% Protein From Whey. Suitable for Vegetarians
- 24 grams of protein per serving

WHO CAN CONSUME

Athletes, active men and women, healthy adults

PRIMARY USAGE

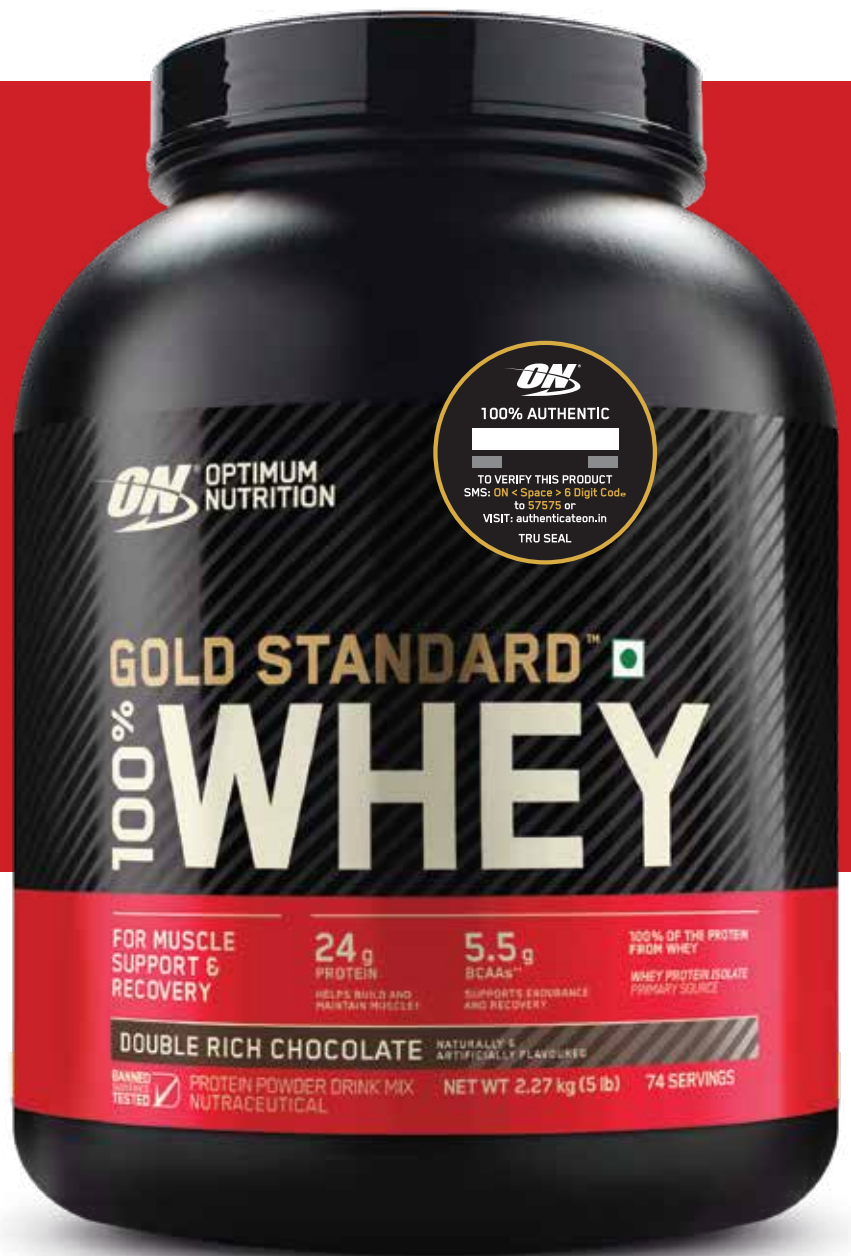
Helps support post-workout muscle recovery

ATTRIBUTES

Best-selling whey protein in the sports nutrition industry with 20+ years of global success

#1 Selling **OPTIMUM NUTRITION** product globally

Most awarded, most reviewed protein powder in the world



24g PROTEIN

5.5g BCAAs

GLUTEN FREE

AVAILABLE FLAVOURS

1 lb Double Rich Chocolate, Vanilla Ice Cream

2 lb Double Rich Chocolate, Mocha Cappuccino, Delicious Strawberry, Cookies & Cream, Extreme Milk Chocolate, Vanilla Ice Cream, Rocky Road

TRUSTED BY WORLD'S BEST ATHLETES



■ Rishabh Pant

For flavours Double Rich Chocolate and Vanilla - Whey Protein is imported from Europe, blending & packaging is done in a world class facility in India.

GOLD STANDARD™
100% WHEY was voted "Product of the Year" in India for 2 consecutive years (2021 and 2022)

OPTIMUM NUTRITION® rejects more protein than some competitors sell.

5_{lb}

Double Rich Chocolate, Mocha Cappuccino, Delicious Strawberry, Cookies & Cream, Extreme Milk Chocolate, Vanilla Ice Cream

4_{kg}

Double Rich Chocolate, Vanilla Ice Cream

1.7kg

Double Rich Chocolate

Single Serve Sachets

Double Rich Chocolate,



GOLD STANDARD™ 100% ISOLATE

HYDROLYSED AND ULTRA-FILTERED
WHEY PROTEIN ISOLATE

- 100% of protein from whey isolate
- 25 grams protein per serving
- No added sugar
- Informed Choice Certified,
Banned Substance Tested

25g PROTEIN

5.5g BCAAs
Naturally Occurring

ONLY 1g CARBOHYDRATES

GLUTEN FREE



IDEAL FOR THESE USERS

Athletes/Active Adults
on controlled diets

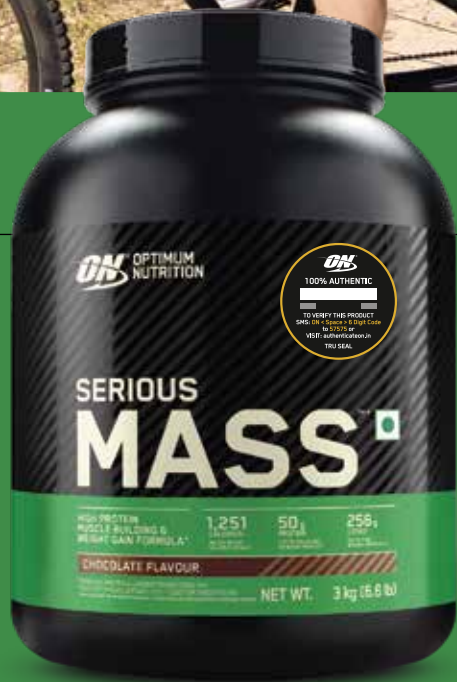
PRIMARY USAGE

Post workout to help support
muscle recovery

AVAILABLE FLAVOURS

1.6 lb, & 3 lb

Chocolate Bliss



IDEAL FOR THESE USERS

For weight gain, athletes with serious caloric needs

PRIMARY USAGE

Between meals to supplement whole food calories

AVAILABLE FLAVOURS

1 kg, 3 kg, & 5 kg

Chocolate, Vanilla



CHOICE

SERIOUS MASS™

HIGH PROTEIN WEIGHT GAIN POWDER

- 50 grams Protein
- 1251 calories
- 256 grams carbohydrates,
- 24 vitamins and minerals
- Added Glutamine and Creatine
- Informed Choice Certified, Banned Substance Tested

50g PROTEIN

1251 CALORIES

256g CARBOHYDRATES

ESSENTIAL AMINO.O. ENERGY™

UNIQUE COMBINATION OF AMINO ACIDS
AND CAFFEINE FROM NATURAL SOURCES

- Essential amino acids including BCAAs
- Less than 10 calories per serving (2 scoops) with zero sugar
- A pre-workout drink that delivers 100mg of caffeine from coffee and green tea extracts
- Informed Choice Certified, Banned Substance Tested
- Any time energy drink

IDEAL FOR THESE USERS

Athletes seeking mild to moderate energy support

PRIMARY USAGE

Use throughout the day for anytime energy to reduce / replace other caffeine sources (tea, coffee, and soft drinks)

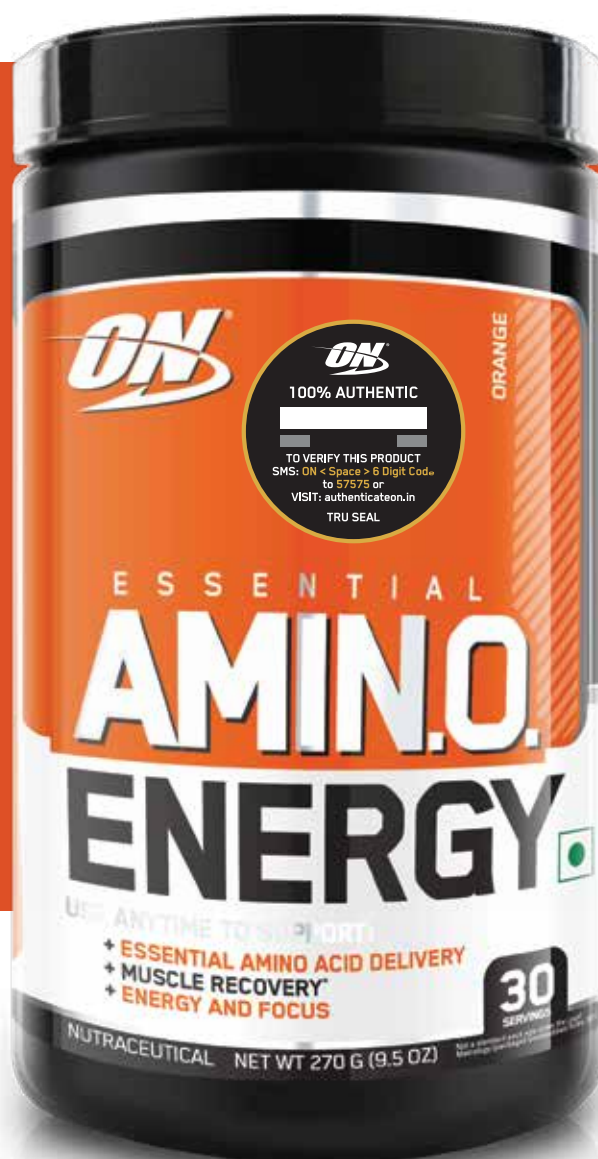
ATTRIBUTES

Created the anytime energy category in sports nutrition

A top-selling **OPTIMUM NUTRITION®** energy product

Unique product offering with versatile energy and amino support

Consumer point of entry to the **OPTIMUM NUTRITION®** brand



5g AMINO ACIDS

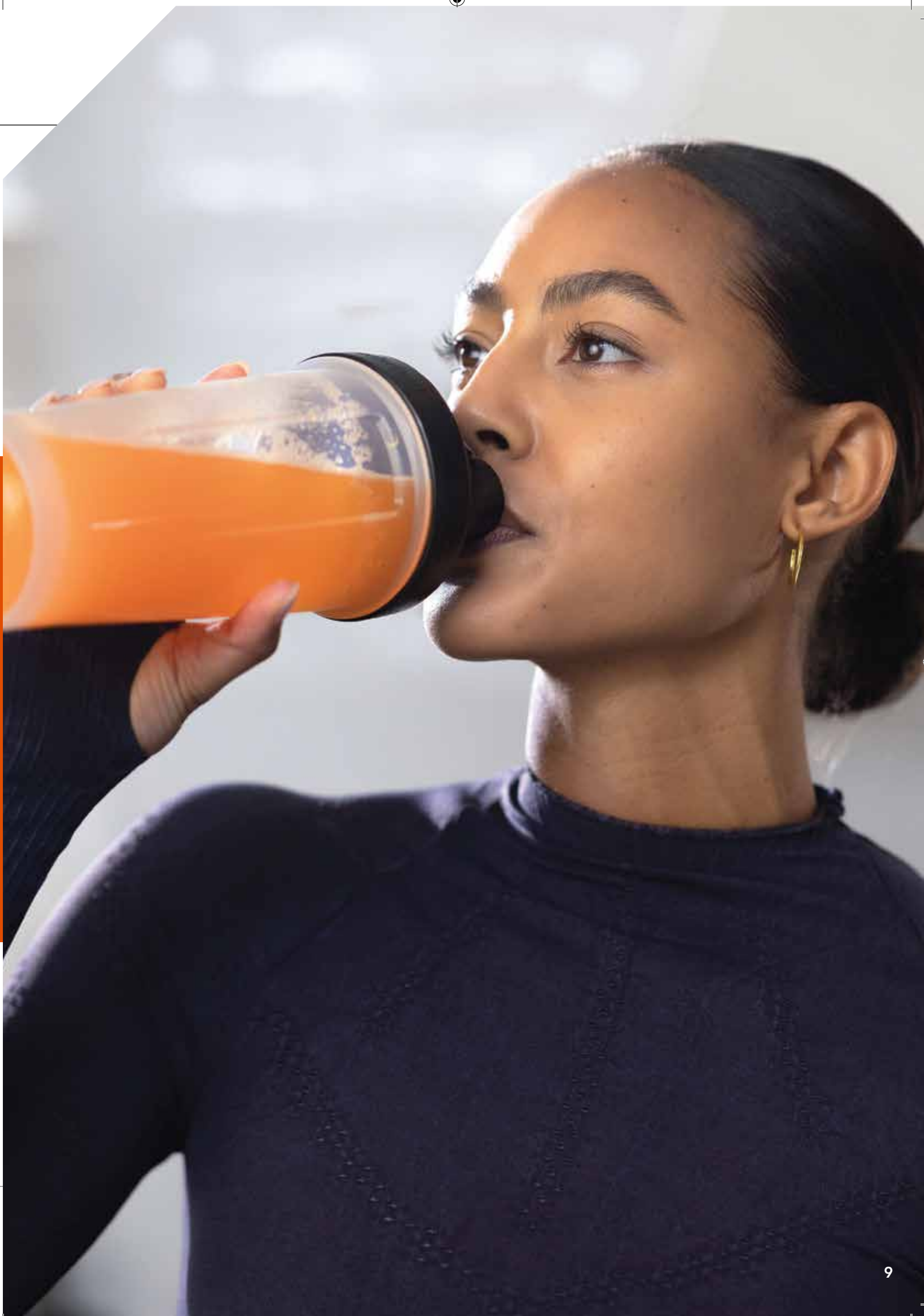
100mg CAFFEINE

0g ADDED SUGAR

AVAILABLE FLAVOURS

30 servings

Pineapple, Orange





GLUTAMINE

POWDER

MUSCLE RECOVERY SUPPORT

- 5 Grams of L-Glutamine per serving
- Amino acid support
- Unflavored for versatility
- Add to protein shakes, mixes easily with a spoon
- Informed Choice Certified, Banned Substance Tested



IDEAL FOR THESE USERS

Strength & endurance athletes seeking to support their amino acid intake

PRIMARY USAGE

Helps support post-workout amino acid intake

AVAILABLE FLAVOUR

250g | Unflavored



IDEAL FOR THESE USERS

Bodybuilders, weightlifters,
and performance athletes

PRIMARY USAGE

Helps support athletic performance
and power

Tip: Power-up your protein, meal
replacement, and weight-gainer
shake with 1 scoop of
MICRONISED CREATINE POWDER

AVAILABLE FLAVOUR

250g

Unflavored



CHOICE

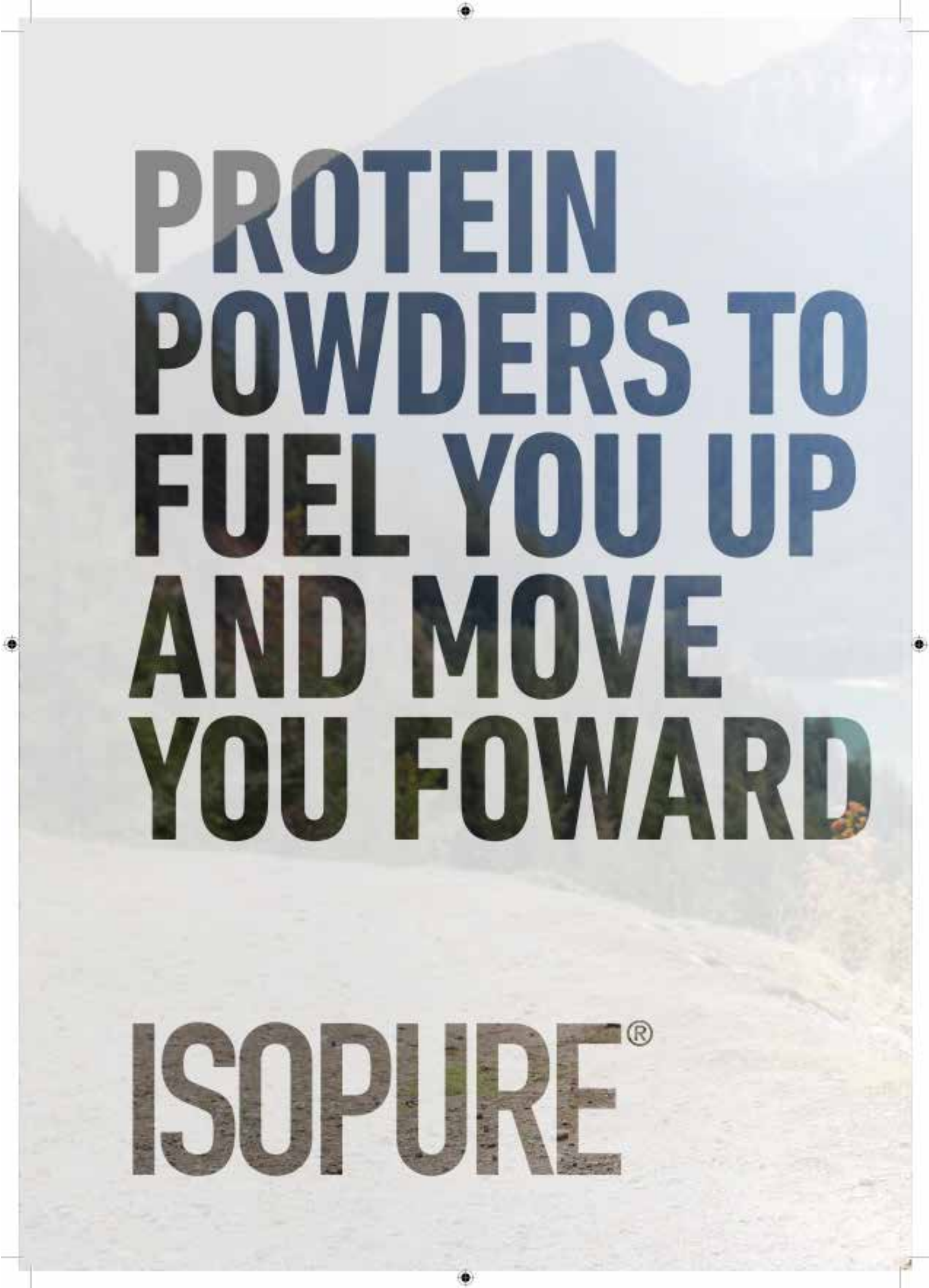
MICRONISED CREATINE POWDER

MUSCLE SIZE, STRENGTH, AND PERFORMANCE

- 3 grams of Creatine monohydrate per serving
- Helps Support ATP recycling*
- Helps support athletic performance & power*
- Unflavored for versatility and stacking
- Micronised powder mixes easily with a spoon
- Informed Choice Certified,
Banned Substance Tested

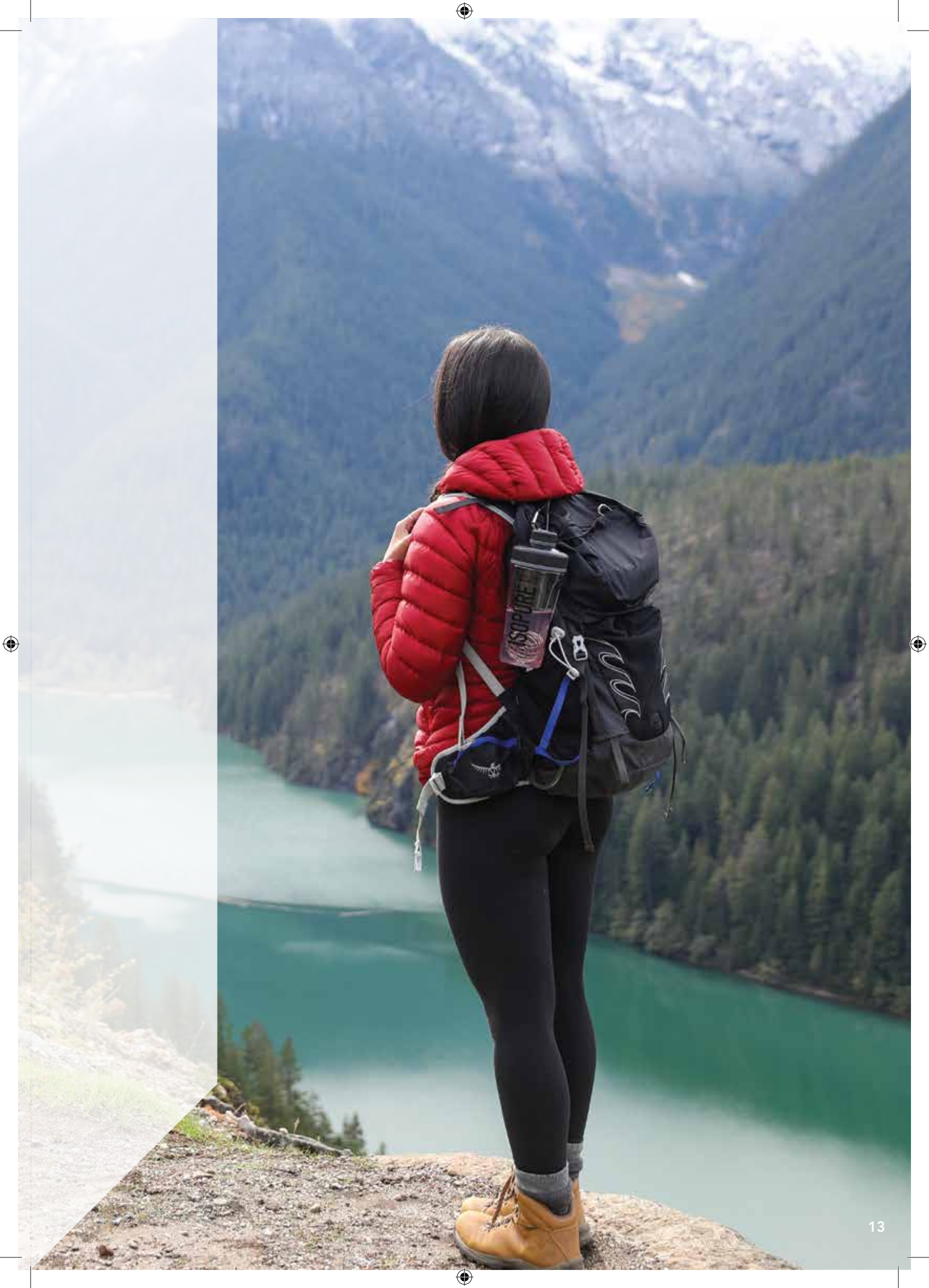
3g CREATINE

*When taken over time in combination with regular exercise



**PROTEIN
POWDERS TO
FUEL YOU UP
AND MOVE
YOU FORWARD**

ISOPURE®



ISOPURE

LOW CARB

Pack in high-quality and delicious protein, without packing on the carbs. ISOPURE 100% whey protein isolate powders support your daily nutrition needs. **LOW CARB** (which also has zero added sugars) has a whopping 25 grams of protein, naturally occurring 5 grams BCAAs & 4 grams Glutamine per serving. It's 100% whey protein isolate — and always without gluten and aspartame. Instantized for ease of use, mix up as a shake or make some seriously delicious dynamic recipes.

IDEAL FOR THESE USERS

Anyone living an active, meaningful, get-things-done kind of life in a happy, healthy body

PRIMARY USAGE

Supports Muscle Recovery and Muscle building

ATTRIBUTES

The global low carb protein known for exceptional quality

#1 selling **ISOPURE**® protein globally

25g PROTEIN

ZERO ADDED SUGAR

GLUTEN / ASPARTAME FREE

5 gm BCAAS & 4 gm GLUTAMINE



AVAILABLE FLAVOURS

500g, 1kg, 2kg

Dutch Chocolate



LOW CARB WITH ADDED VITAMINS & MINERALS

Pack in high-quality and delicious protein to support your daily nutrition needs. Now Isopure comes with added Vitamin A, C, E & Zinc to support immunity and added Biotin to support healthy skin & nails. Less than 1.5gm of carbs in sight with zero added sugar - Isopure has a whopping 25 grams protein, naturally occurring 5 grams BCAAs & 4 grams Glutamine per serving. It's 100% whey protein isolate — and always without gluten, lactose or aspartame. Instantized for ease of use, mix up as a shake or make some seriously delicious dynamic recipes.

IDEAL FOR THESE USERS

Anyone living an active, meaningful, get-things-done kind of life in a happy, healthy body

PRIMARY USAGE

Supports Muscle Recovery and Muscle building

ATTRIBUTES

25gm of protein from 100% whey protein isolate - 100% isolate means exceptional quality



25g PROTEIN

LACTOSE-FREE

ZERO ADDED SUGAR

**IMMUNE SUPPORT
FROM VITAMIN A, C, E & ZINC**

AVAILABLE FLAVOURS

500g, 1kg, 2kg

Cookies & Cream,
Creamy Vanilla



OWN YOUR WORKOUTS







SYNTHA-6®

ULTRA-PREMIUM LEAN MUSCLE PROTEIN POWDER

- **SYNTHA-6** is an ultra-premium protein powder with 22g protein per serving
- Along with essential amino acids and essential fatty acids, it's also a rich source of fiber
- Ridiculously delicious milkshake-like taste

IDEAL FOR THESE USERS

Bodybuilders, fitness enthusiasts and performance athletes

PRIMARY USAGE

Use anytime day or night to support muscle recovery

ATTRIBUTES

#1 selling BSN® product since 2006

One of the best tasting proteins out there with Premium Protein Matrix, a blend of 6 high quality protein sources

Consistently ranks in the BodyBuilding.com top products list



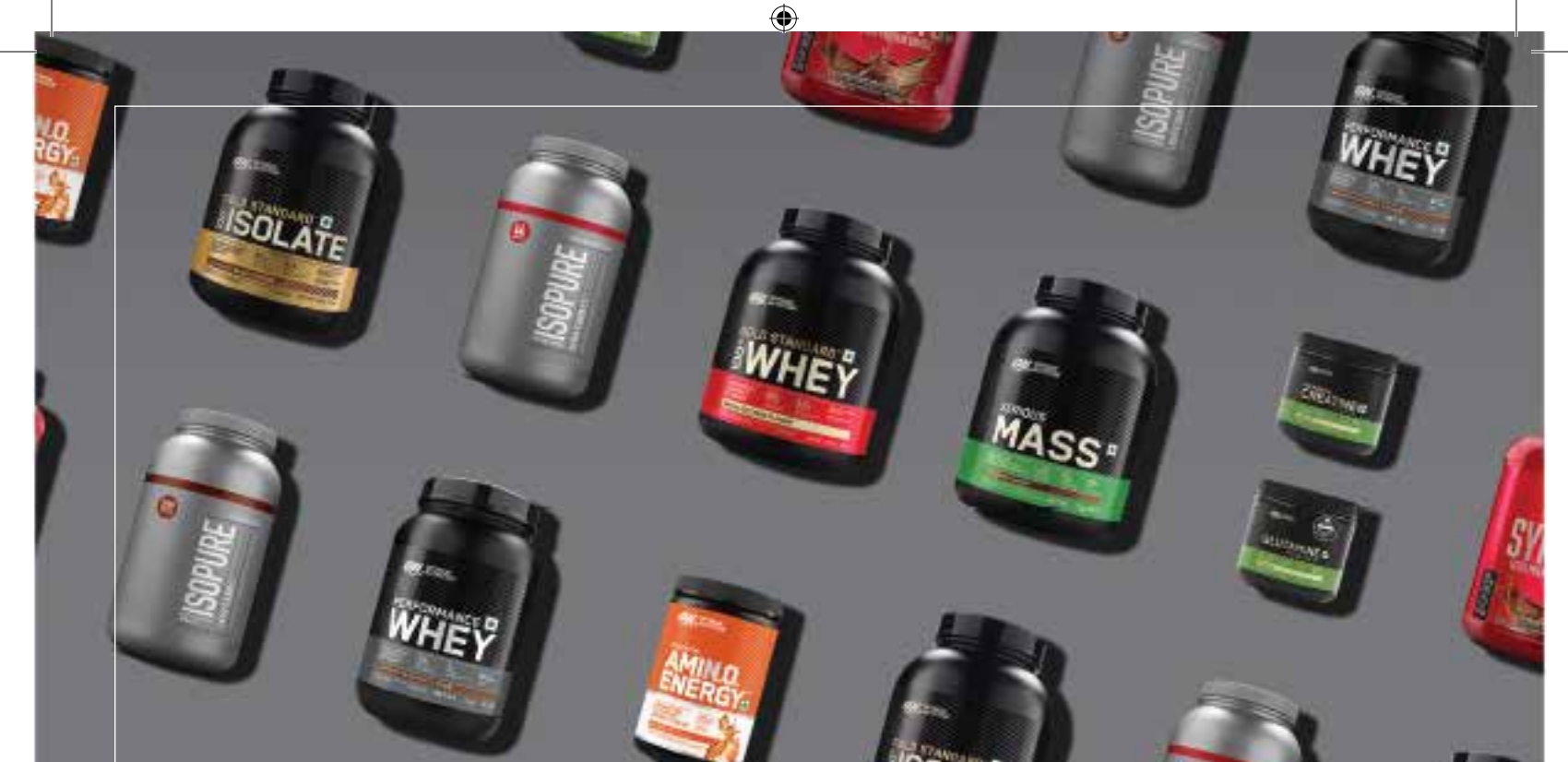
22g PROTEIN

10g ESSENTIAL AMINO ACIDS
Naturally Occurring

AVAILABLE FLAVOURS

5lb Chocolate Milkshake,
Vanilla Ice Cream





glanbia[®]
PERFORMANCE NUTRITION

Shop
www.optimumnutrition.com/en-in

Contact Us
011 - 49594959
indiacustomer@glanbia.com

Authenticate your Optimum Nutrition Product at <https://authenticate.in>

